

MUSLIM MIND COLLABORATIVE

IMPACT REPORT 2024

PIONEERING CHANGE IN
MENTAL HEALTH EQUITY



MUSLIM MIND
COLLABORATIVE

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PIONEERING CHANGE IN MENTAL HEALTH EQUITY

The Muslim Mind Collaborative (MMC), established in 2021 by the Better Community Business Network (BCBN), is dedicated to addressing the mental health and well-being needs of British Muslim communities. In collaboration with Mind in the City, Hackney, and Waltham Forest, MMC bridges the gap between faith-based perspectives and mainstream mental health services.

As a membership platform for mental health service providers and professionals, MMC fosters collaboration, builds capacity, and drives advocacy for impactful policy changes. Its mission combines academic research, education, and community engagement to improve mental health outcomes and ensure culturally sensitive support for Muslims across the UK.



MUSLIM MIND COLLABORATIVE

ACHIEVEMENTS

AT A GLANCE

Over the past years, the Muslim Mind Collaborative has made significant strides in advancing mental health awareness and support for Muslim communities. From launching key initiatives to delivering impactful training, our journey reflects our commitment to fostering change and inclusivity in mental health care.



ACHIEVEMENTS 2022

Expanding Our Reach: Launched the MMC website and platform, connecting **50 member** services across the sector to foster collaboration and knowledge sharing.

Highlighting Key Research: Promoted the [Hidden Survivors Report](#), which revealed that **90%** of Muslim service users prioritise faith and cultural sensitivity in mental health care, reinforcing MMC's commitment to culturally competent services.


Facilitating Dialogue: Hosted [Time to Talk Day](#), creating an open forum to discuss and support faith-sensitive approaches to mental health care.

Collaborative Impact: Partnered with member services to co-design impactful resources and campaigns, including the [Kidscape Anti-Bullying Campaign](#), addressing bullying through inclusive strategies.

Launching the Muslim in Mind Podcast: [Raising Awareness of Mental Health Challenges](#), featuring insights from service providers and experts addressing the unique needs of Muslim communities.

IN PARTNERSHIP WITH

B | C Better Community
B | N Business Network

 **mind** | in the City, Hackney
for better mental health and Waltham Forest

90%

**of service users said it was important for
mental health support services to be
FAITH AND CULTURALLY SENSITIVE**

HIDDEN SURVIVORS

UNCOVERING THE MENTAL HEALTH
STRUGGLES OF YOUNG BRITISH MUSLIMS

Partners:



Inspired Minds



Addressing the Care System Crisis: Co-authored [Muslim Heritage Children in Care: Supporting Identity and Wellbeing](#) with My Family Group, shedding light on the urgent mental health challenges faced by children in care and promoting culturally sensitive solutions.

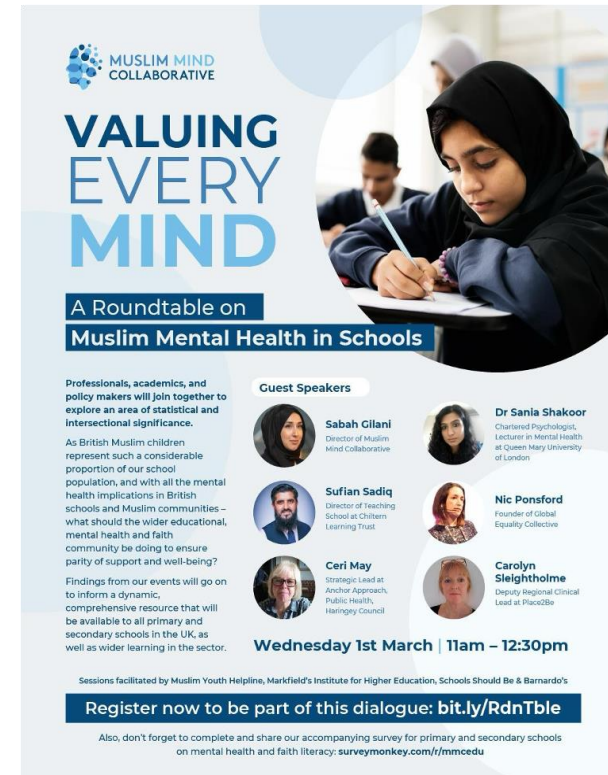
Engaging Public Health: Partnered with the NHS Muslim Network to discuss [Mental Health and Islamophobia](#) fostering dialogue on inclusive approaches to care.

Empowering Schools: Launched the [Value Every Mind](#) school programme, developing faith and culture-sensitive resources, equipping over **70** Place2Be practitioners with the [tools to support Muslim students' mental health](#).

Valuing Every Mind Roundtable: Hosted a high-impact session on [Mental Health in Schools at the Festival of Education](#), reaching thousands of educators and advocating for inclusive mental health practices.

Thought Leadership in Education: Published an article in Schools Week titled [The 'Muslim problem' is actually an opportunity for schools'](#), encouraging schools to adopt a positive, inclusive approach to Muslim students.

Workplace Advocacy: Participated in the This Can Happen Global [Faith and Mental Health Conference](#), championing faith inclusivity in professional spaces.



MUSLIM MIND COLLABORATIVE

VALUING EVERY MIND







A Roundtable on **Muslim Mental Health in Schools**

Professionals, academics, and policy makers will join together to explore an area of statistical and intersectional significance.

As British Muslim children represent such a considerable proportion of our school population, and with all the mental health implications in British schools and Muslim communities – what should the wider educational, mental health and faith community be doing to ensure parity of support and well-being?

Findings from our events will go on to inform a dynamic, comprehensive resource that will be available to all primary and secondary schools in the UK, as well as wider learning in the sector.

Guest Speakers

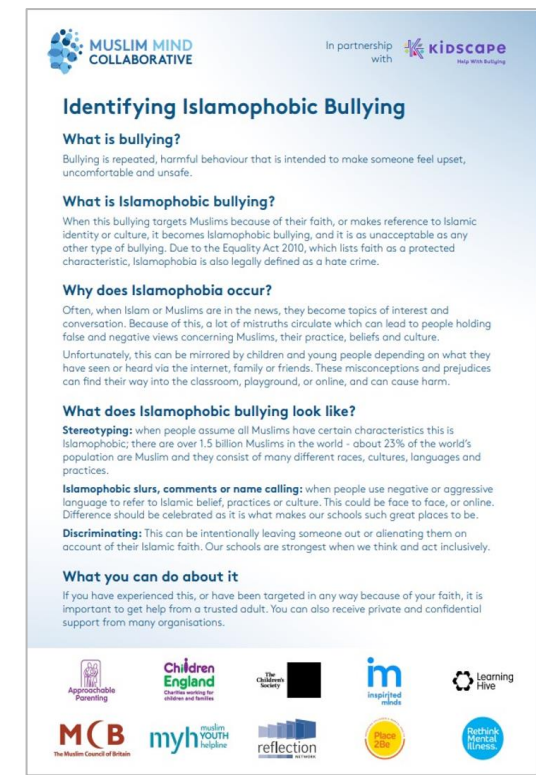
 Sabah Gilani Director of Muslim Mind Collaborative	 Dr Sania Shakoor Chartered Psychologist, Lecturer in Mental Health at Queen Mary University of London
 Sufian Sadiq Director of Teaching School at Children Learning Trust	 Nic Ponsford Founder of Global Equality Collective
 Ceri May Strategic Lead at Anchor Approach, Public Health, Haringey Council	 Carolyn Sleightholme Deputy Regional Clinical Lead at Place2Be

Wednesday 1st March | 11am – 12:30pm

Sessions facilitated by Muslim Youth Helpline, Markfield's Institute for Higher Education, Schools Should Be & Barnardo's.

Register now to be part of this dialogue: bit.ly/RdnTble

Also, don't forget to complete and share our accompanying survey for primary and secondary schools on mental health and faith literacy: surveymonkey.com/r/mmedu



MUSLIM MIND COLLABORATIVE In partnership with **kidscape** Help With Bullying

Identifying Islamophobic Bullying

What is bullying?
Bullying is repeated, harmful behaviour that is intended to make someone feel upset, uncomfortable and unsafe.

What is Islamophobic bullying?
When this bullying targets Muslims because of their faith, or makes reference to Islamic identity or culture, it becomes Islamophobic bullying, and it is as unacceptable as any other type of bullying. Due to the Equality Act 2010, which lists faith as a protected characteristic, Islamophobia is also legally defined as a hate crime.

Why does Islamophobia occur?
Often, when Islam or Muslims are in the news, they become topics of interest and conversation. Because of this, a lot of mistruths circulate which can lead to people holding false and negative views concerning Muslims, their practice, beliefs and culture. Unfortunately, this can be mirrored by children and young people depending on what they have seen or heard via the internet, family or friends. These misconceptions and prejudices can find their way into the classroom, playground, or online, and can cause harm.

What does Islamophobic bullying look like?
Stereotyping: when people assume all Muslims have certain characteristics this is Islamophobic; there are over 1.5 billion Muslims in the world - about 23% of the world's population are Muslim and they consist of many different races, cultures, languages and practices.
Islamophobic slurs, comments or name calling: when people use negative or aggressive language to refer to Islamic belief, practices or culture. This could be face to face, or online. Difference should be celebrated as it is what makes our schools such great places to be.
Discriminating: This can be intentionally leaving someone out or alienating them on account of their Islamic faith. Our schools are strongest when we think and act inclusively.

What you can do about it
If you have experienced this, or have been targeted in any way because of your faith, it is important to get help from a trusted adult. You can also receive private and confidential support from many organisations.

Logos: Approachable Parenting, Children England, The Children's Society, inspired minds, Learning Hive, MCB, myn, reflection, Place2Be, Muslim Mind Collaborative.



Partnerships and Advocacy: Hosted three Membership Advisory Group (MAG) meetings and launched capacity-building workshops to help members utilise faith data for better outcomes.

Resources and Training: Developed culturally sensitive [resources](#), delivered a webinar on third-sector challenges, and trained **120+** Local Mind staff on “Islam, Muslims, and Mental Health” to enhance cultural competence.

Awareness and Engagement: Led campaigns during [Islamophobia Awareness Month](#) and [The Great Big Green Week](#), participated in AMHP panels on [Islamophobia](#), and launched the [Muslim Women Talk Ramadan Podcast](#).

Staying Connected: Published **6** newsletters, sharing updates and achievements with **600+** subscribers.



MUSLIM MIND COLLABORATIVE ONLINE WORKSHOP

MENTAL HEALTH IN UK MUSLIM COMMUNITIES: A CALL TO ACTION

Muslim Mind Collaborative is dedicated to making mental health services accessible to Muslim communities in the UK. As one of the fastest-growing religious groups, Muslims face significant mental health **inequalities** compounded by **barriers to health, education, employment, and housing**.

This policy brief outlines the urgent need for **culturally and faith-sensitive** mental health services and calls for **government action** to address the specific challenges faced by Muslim communities.

Supporters



Partners



MUSLIM MIND COLLABORATIVE ONLINE WORKSHOP

DEALING WITH NATIONAL CHALLENGES WITHIN THIRD SECTOR MENTAL HEALTH SERVICE PROVISION

Wednesday 2 October 2024, 10:00-11:30 AM

 Dr Rahmanara Chowdhury, Nottingham Trent University

 <https://tinyurl.com/MMCworkshop2024> (registration required)

This workshop seeks to provide a safe space for third sector organisations providing **mental health support within Muslim communities** to discuss how they are impacted by and address national challenges. We will specifically explore this within the context of the recent UK riots and in light of research which provides some insight into what might be happening at the grassroots.

Attendees will be invited to share their own experiences as representatives of their organisations, including a call for best practice examples. Together we will consider how such challenges can be **navigated** and how we can **collectively move forward** within our services and beyond.

Please note: Open to organisations outside of MMC members. All workshops will be audio recorded by MMC and used to inform our knowledge of how services are navigating these challenges. Some of these findings will be made available on our platforms however no organisation or individual will be named unless they grant permission to have their identity revealed within public facing materials.

Partners



OBJECTIVES

WORKING TOGETHER TO CHANGE
MINDS



EDUCATION



POLICY



FUNDING



OBJECTIVES



EDUCATION

We work for the improvement of the faith literacy in mental health service by sharing ideas, recommendations, insight and opportunities



POLICY



FUNDING



EDUCATIONAL IMPACT

"ADVANCING INCLUSIVE MENTAL HEALTH THROUGH FAITH-SENSITIVE EDUCATION AND ADVOCACY"

AMHP Webinar: MMC contributed as a panel speaker on "[Islamophobia and Mental Health](#)", focusing on the critical need for faith-sensitive mental health care and equitable funding for Muslim-led organisations.

Islamophobia and Bullying in Schools: In partnership with [Kidscape](#), [Educate Against Islamophobia](#) and [Queen Mary University](#), MMC equipped educators with practical strategies to tackle Islamophobic bullying in schools, fostering safer and more inclusive environments for students.

Workshop on National Challenges: MMC, in collaboration with Nottingham Trent University, hosted a workshop exploring the [impact of national challenges](#), such as riots, on mental health services for Muslim communities, and how organisations can respond effectively during crises.

60+ member organisations engaged in MMC's network

20 organisations on average attended each of our quarterly member meetings, with a total of 3 meetings held last year

3 leading partnerships formed to deliver impactful workshops and webinars

1 capacity-building workshop series launched, empowering grassroots organisations in data collection, impact

CASE STUDY:

THE GREAT BIG GREEN WEEK



MUSLIM MIND COLLABORATIVE

SPOTLIGHTING: MUSLIM ENVIRONMENTALISTS AND THEIR FAITH-INSPIRED ECO-JOURNEYS

"Never does a Muslim plant trees, or cultivate land, and birds or a man or a beast eat out of them but that is a charity on his behalf." (Hadith, Sahih Muslim)

It fills me with so much gratitude to know that every seed I sow is an act of worship."



THE GREAT BIG GREEN WEEK 8-16 JUNE 2024

PARTNERS
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Mind in the City, Hackney and Waltham Forest



MUSLIM MIND COLLABORATIVE

SPOTLIGHTING: MUSLIM ENVIRONMENTALISTS AND THEIR FAITH-INSPIRED ECO-JOURNEYS

Meet Nouhad: A trailblazer in environmental advocacy, intertwining the principles of faith with a passionate commitment to the **Earth's well-being.**

From spearheading the Arab Youth Climate Movement to nurturing forests, Nouhad's actions echo the belief that **our planet's care is a reflection of our inner peace** and connection to the Creator.

"Taking care of the Earth is our responsibility as Muslims as well as maintaining the natural balance. The decisions I make today affect the future of our planet, this is why I make them wisely. These are the core values I strive to live by and that inspire my environmental actions."



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MUSLIM MIND COLLABORATIVE

SPOTLIGHTING: MUSLIM ENVIRONMENTALISTS AND THEIR FAITH-INSPIRED ECO-JOURNEYS

Zainab, an environmentalist, advocates for **sustainable fashion**, drawing on her Pakistani and Islamic heritage. She founded **Ahista Stories** and organised London's first South Asian sustainable fashion festival.

Her approach emphasises the importance of **cherishing our belongings** as a form of mindfulness.

"The Prophet (peace be upon him) also used to name each of his garments and really take care of them, which sets an important example for how we should value the things that we own."



THE GREAT BIG GREEN WEEK 8-16 JUNE 2024

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MUSLIM MIND COLLABORATIVE

SPOTLIGHTING: MUSLIM ENVIRONMENTALISTS AND THEIR FAITH-INSPIRED ECO-JOURNEYS

"Our faith teaches us that there are consequences to our actions, that no good thing or bad thing goes unwitnessed. I'm motivated by the aspiration to please God through my actions on earth.

Efforts should be made towards organising experiences for people in nature, these experiences by God's will give people an understanding of the essential role nature plays in our physical and spiritual health."



THE GREAT BIG GREEN WEEK 8-16 JUNE 2024

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CAMPAIGN HIGHLIGHTS

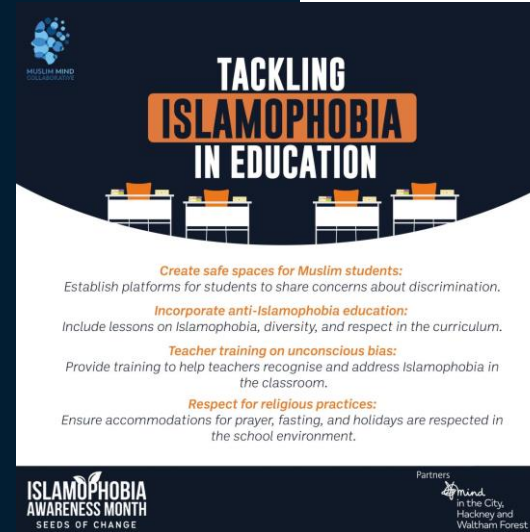
MMC led a campaign that highlighted the [intersection of environmental wellbeing and mental health](#). During the campaign, we spotlighted Muslim climate activists and their faith-inspired eco-journeys, showcasing how Islamic teachings encourage environmental stewardship. We shared inspiring stories that demonstrated the profound impact of nature on mental health and healing. This campaign not only celebrated the activism of Muslim communities but also encouraged them to embrace eco-friendly practices as integral to their faith and overall mental wellbeing.

CASE STUDY:

ISLAMOPHOBIA AWARENESS MONTH

“ *It’s vital to address Islamophobia in mental health discussions. The MMC team has helped increase understanding and awareness of how Islamophobia impacts Muslim communities. Thank you for your expertise and support.* ”

A Senior Equity Innovation
Officer at Mind UK



TACKLING ISLAMOPHOBIA IN EDUCATION

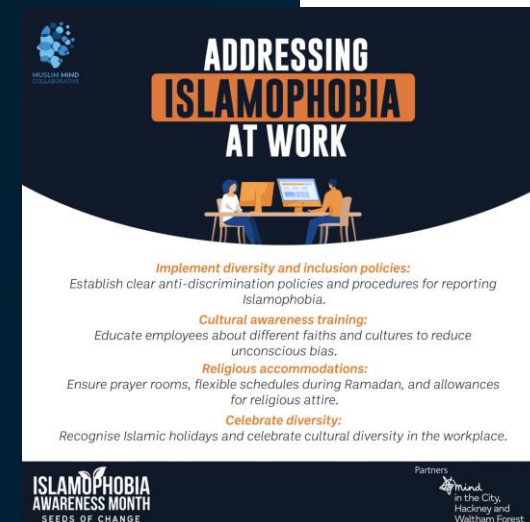
Create safe spaces for Muslim students:
Establish platforms for students to share concerns about discrimination.

Incorporate anti-Islamophobia education:
Include lessons on Islamophobia, diversity, and respect in the curriculum.

Teacher training on unconscious bias:
Provide training to help teachers recognise and address Islamophobia in the classroom.

Respect for religious practices:
Ensure accommodations for prayer, fasting, and holidays are respected in the school environment.

ISLAMOPHOBIA AWARENESS MONTH SEEDS OF CHANGE
Partners mind in the City, Hackney and Waltham Forest



ADDRESSING ISLAMOPHOBIA AT WORK

Implement diversity and inclusion policies:
Establish clear anti-discrimination policies and procedures for reporting Islamophobia.

Cultural awareness training:
Educate employees about different faiths and cultures to reduce unconscious bias.

Religious accommodations:
Ensure prayer rooms, flexible schedules during Ramadan, and allowances for religious attire.

Celebrate diversity:
Recognise Islamic holidays and celebrate cultural diversity in the workplace.

ISLAMOPHOBIA AWARENESS MONTH SEEDS OF CHANGE
Partners mind in the City, Hackney and Waltham Forest

During IAM, MMC launched a strong advocacy campaign to combat racism and unconscious bias, highlighting the impact of Islamophobia on mental health.

KEY ACTIONS:

Guidelines for Change: MMC provided [actionable recommendations to schools, workplaces, and universities](#) to tackle Islamophobia, urging organisations to go beyond standard EDI policies and create truly inclusive environments.

Accessible Resources: Developed [online tools and resources](#) to empower individuals and organisations in addressing Islamophobia and fostering inclusivity.

Q&A for Mind Staff: MMC delivered a recorded session for Mind staff, raising awareness of Islamophobia’s effects on mental health and equipping staff to better support Muslim communities.

TRAINING FOR MIND UK MENTAL HEALTH PROFESSIONALS

In partnership with Mind CHWF, MMC trained over 120 Local Mind staff on “Islam, Muslims, and Mental Health,” enhancing cultural competence and client care. The training empowered staff to better understand Muslim clients' needs, deliver respectful support, and foster inclusive environments.

IMPACT:

- 100% of participants reported gaining relevant knowledge.
- Increased confidence in providing culturally sensitive care.

"I feel much better equipped to ask questions and show more compassion."

– Local Mind Staff Member

6 Training sessions

120+ Staff Members Attended

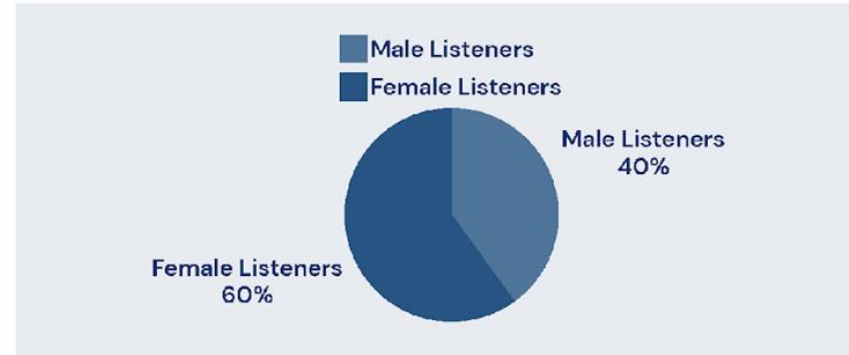
100 Satisfaction

%

PODCAST

MUSLIM WOMEN TALK RAMADAN

Hosted by MMC, highlighting the unique intersection of [faith](#) and [mental health](#), offered Muslim women a safe space to share their experiences during Ramadan. By exploring themes of spirituality, community, and self-care, the series promoted emotional resilience, normalised mental health conversations within the Muslim community, and fostered a sense of belonging. Aligned with MMC's mission to integrate faith-based perspectives into mental health, the podcast amplified Muslim women's voices, encouraged wellbeing practices, and helped combat stigma around mental health, ensuring culturally sensitive support for listeners.



Demographics: Majority listeners aged 25–55, with other age categories following, showcasing a diverse age range of engagement.



Worldwide Audience: Predominantly from the US and UK, demonstrating the universal appeal of our topics, with listeners from Africa, Asia, Europe, and beyond.

8000

Total Listeners
Worldwide with a total
number of 4 episodes

Apple Spotlight

Featured in Apple's
Spotlight Ramadan
series.

Radio Interviews

Highlighted on 5 Live
and BBC Scotland.

PODCAST

MUSLIM WOMEN TALK RAMADAN

GIVING A PLATFORM TO MUSLIM
WOMEN, AND SHOWCASING
THEIR INCREDIBLE DIVERSITY
AND CONTRIBUTIONS



FARZANA
RAHMAN
Founder of Desi Doll
company, leading
Islamic toys
manufacturer



DR KIRAN
RAHIM
Paediatrician, Health
influencer, Founder of
Children not Numbers
charity



BARONESS
SAYEEDA WARSI
Politician,
businesswoman, author



HENRIETTA
SZOVATI
Leadership coach



NADIYA
HUSSAIN
Celebrity Chef, author



PODCAST

MUSLIM WOMEN TALK RAMADAN

THE IDEAS ARE SPECIFICALLY CRAFTED TO BE INCLUSIVE AND WELCOMING BEYOND THE CORE AUDIENCES, AND FEEDBACK SHOWS THEY ARE INDEED CONNECTING WITH PEOPLE MORE WIDELY

Shelina, just listened to your podcast and I loved it. I disagree with baroness warsi that you should say nice things about women behind their back - I think it's really important to say it to their face as well as to others. So, I'm telling you now that I think you were brilliant! I loved your easy style that took us straight to what really matters. Your daughters were delightful. I'm now a fan girl of Henrietta. I had tears in my eyes for you when you spoke about your parents. I learnt from it and I found it very relatable as a Jewish woman in terms of how you find spiritual space amongst all the doing. I hope you are having a good Ramadan and finding new ways to be.
Xx

09:08

Hey Shelina...

I just want to say a big thank you!!

I have thoroughly enjoyed your podcast, and I have learnt so much, particularly through the lens of my own faith and what it means to fast, pray and love one another (including self!)

FROM WOMEN OF
OTHER FAITHS
AND NONE



I really enjoyed listening to the pod this morning, @loveinheadscarf, especially the conversations with your daughters (and @SayeedaWarsi!). I'll be checking out further episodes (although I couldn't find this one on Spotify). Good luck with the series.

Shelina Janmohamed @loveinheadscarf · Mar 13

Replying to @garybunt and @SayeedaWarsi

You'll thoroughly enjoy it I hope, and the 30 min episode will fly by. Can't wait to hear what you make of it!

FROM
MEN

hasanspatelru... 8m ...
Watch Full Reel
Worth a listen - and yes, even us blokes and we will learn a few things. An excellent podcast by @loveinaheadscarf

MUSLIM
WOMEN
TALK
RAMADAN



PODCAST

MUSLIM WOMEN TALK RAMADAN

RESPONSES FROM MUSLIM WOMEN TO MUSLIM WOMEN TALK RAMADAN

Shan Abdur Rauf
I have loved listening to both episodes ❤️ esp want to thank you for involving your two daughters [Shelina Zahra Janmohamed](#) as they are our women of the future and to give them a voice now is fantastic..v well put together and just the right length and variety. [Henrietta Szovati](#) wonderful listening to you. Can't wait till next week.

[Shelina Zahra Janmohamed](#) my 8 year old daughter loved listening to your daughters. She is inspired to keep fasts on the weekends and 'being' more kind, inshaAllah. Duas and blessings to you and your family. I am definitely looking forward to listening to more of your podcasts that traverse females of all ages and walks of life.x

Ps-your ramadan series was absolutely incredible. I feel like it really changed my ramadan for the better ❤️ thank you

Forwarded

Just listened to the 2nd episode. I love how honest it is and the quotes at the beginning. So Ramadan BFF, this programme is so different from traditional Ramadan programmes which normally tend to lecture or retell events from the days of the Prophet and companions. 21:09 ✓

Forwarded

Looking forward to the next. It's light and informative, without feeling overwhelming. Would be great to get perspectives from how Muslim women outside the uk mark or experience this month 07:21 ✓

Forwarded

Just listened to the rest in the car, and then the first part with your kids as my Hannah was in the car. It cracked a few smiles from her (this is quite notable given that we're in the gruelling last hour of our fast!) 07:21 ✓

Forwarded

Just listened.. everything resonated so much.

Forwarded

Thanks for sharing! My kids and I really enjoyed this and look fwd to the next one! Wishing you a wonderful month inshallah! Ramadhan Mubarak 🤲 07:24 ✓

OBJECTIVES



EDUCATION



POLICY

We identify and support a funding gap agenda and opportunities



FUNDING



POLICY

ADVOCATING FOR FAITH AND CULTURAL EQUITY IN MENTAL HEALTH

Building on its foundational work, MMC is an advocate for addressing systemic inequalities, supporting calls to action urging the government to prioritise Muslim mental health. In response to concerns around Islamophobia and its impact on wellbeing, MMC published the policy brief Mental Health in UK Muslim Communities – A Call to Action. This brief underscored the urgent need for culturally and faith-sensitive care, calling on policymakers to eliminate disparities and improve access to services for Muslim communities.

SECTOR-WIDE IMPACT

The policy brief has been embraced across the mental health sector, serving as an important resource for organisations aiming to adopt inclusive practices. It continues to inspire a sector-wide shift toward addressing systemic disparities and enhancing culturally sensitive mental health support for Muslim communities.

The recent surge in anti-Muslim hatred, with incidents **increasing by 365%** since October 2023, underscores the urgent need to combat Islamophobia. ⁵

This sharp rise has led to a **tripling of anti-Muslim incidents** in the past few months. ⁶ Such **hostile environments** not only marginalise Muslim communities but also have severe mental health repercussions.



Over **70%** of Muslims struggling with mental health issues have also experienced Islamophobia, exacerbating conditions like chronic stress, anxiety, and depression. ⁷



Young Muslims who make up **nearly half** of the British Muslim population face significant challenges that adversely affect their **mental well-being**.



Since October 7, 2023, 1 in 3 British Muslims have expressed unease or discomfort about their **safety**.



60% believe that **anti-Muslim hate** in British society has increased over the past year.

OBJECTIVES



EDUCATION



POLICY



FUNDING

We build upon research and relevant policy narratives and recommendations to enhance advocacy and mental health service improvement



FUNDING

BRIDGING THE GAP: EMPOWERING GRASSROOTS THROUGH FUNDING

MMC is committed to addressing funding gaps and supporting grassroots organisations in their mission to improve mental health outcomes. This year, we made significant strides in identifying key financial needs and providing resources to bridge those gaps.

Securing Resources for Growth: Partnered with Mind to secure funding for a Project Coordinator role and critical training sessions for Local Minds, ensuring sustained support for our initiatives.

Collaborating for Greater Access: Held discussions with Member organisations to explore how they can better support grassroots organisations and improve funding access.

Funding Guidance for Members: Invited All Ways Network to deliver a presentation at a quarterly member meeting, providing practical insights on funding applications and expert advice tailored to grassroots organisations.

Sharing Funding Opportunities: Regularly advertised funding opportunities in our newsletters, reaching 600+ subscribers, to keep members informed and empowered to apply for financial support.



WHAT'S NEXT



LOOKING AHEAD

Expanding MMC's Impact

MMC is committed to growing its reach, strengthening collaborations, and ensuring mental health care is inclusive and equitable for all.

- **Capacity Building:** Evaluate capacity-building efforts for members to shape our five-year strategy and host workshops to enhance data collection on faith-based initiatives for third-sector organisations.
- **Strategic Partnerships:** Developing specialist support with members to address unique mental health needs.
- **Advocacy & Campaigns:** Spotlighting key partnerships and launching initiatives to tackle emerging challenges.
- **Evaluation & Strategy:** Conducting a sector-wide review to shape our five-year strategy.
- **Good Practice Case Studies:** Showcasing member successes to promote learning and innovation.

What's Next?

- ◆ **Series 2: Muslim Women Talk Ramadan Podcast – Feminine Power**
- ◆ **'Value Every Mind' Educational Platform** (in partnership with Muslim Aid) – delivering mental health workshops in UK schools.





**MUSLIM MIND
COLLABORATIVE**

IN PARTNERSHIP WITH

B | C Better Community
B | N Business Network



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